

## CENTRE SUPPORT TEAM

### Gill Webber

Development Manager

### Rebecca Howells

Administrative Assistant

### Tracey Ervine

Project Assistant

### Alex Forrester

Finance Officer

### Nia Thomas

Receptionist

### Stevie-Marie Davies

Café Chef

### Johnathan Kemp

Caretaker/Cleaner

## LOTS OF TOTS TEAM

### Kathryn Lewis

Nursery Manager

### Emily Stewart

Deputy Nursery Manager

### Susan Buchanan

Nursery Assistant

### Susan Raven

Nursery Assistant

### Julia Davies

Nursery Assistant

### Elaine Thomas

Nursery Assistant

### Caroline Howells

Nursery Assistant

# Canolfan Maerdy

## Newsletter

March 2015

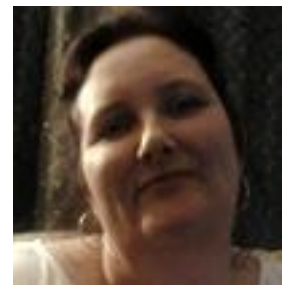


*The staff at Canolfan Maerdy and Lots of Tots Nursery welcomes you to our first newsletter of 2015*

As we start the spring we are delighted to introduce our new Manager, Gill Webber, who is looking forward to helping us develop an array of activities, courses and clubs for everyone in the community to enjoy.



We are also pleased to welcome our new Project Assistant, Tracey Ervine, who will be in charge of researching information for our upcoming and ongoing projects and will also be helping to develop our networks.



01269 826893



admin@canolfanmaerdy.co.uk



www.canolfanmaerdy.co.uk



www.facebook.com/canolfan.maerdy



@CanolfanMaerdy

# Did you know?

- ⇒ Canolfan Maerdy is **open to everyone**
- ⇒ Our nursery is considered **first class** by the CISSW Inspectors
- ⇒ Our kitchen has a **5 ★ food hygiene rating** and our café offers a delicious menu throughout the day—pop in and try it!
- ⇒ We are developing a **community garden** and are looking for volunteers to help us continue to build and maintain it
- ⇒ We have a **new youth group** – open to 11—25 years old
- ⇒ We have a **resident medical herbalist**

## Interview with Stevie- Marie (our café chef)



### *“What are your plans for the café?”*

- ⇒ Making more meals available for the café, such as lasagne, leek & ham soup, macaroni cheese and jacket potatoes. We are also offering a range of breakfasts.
- ⇒ Expanding our range of sweet treats - from homemade biscuits and bara brith to carrot cake, Victoria sponge and caramel slices.
- ⇒ Developing our menu so it offers something for everyone.
- ⇒ Continuing to make healthy meals for the children in Lots of Tots – they seem to really enjoy it.

### *“Anything more you’d like to add?”*

“Canolfan Maerdy is a really enjoyable place to work – please come and see what we have to offer!”

## My Computer



*By Burmah M. Teague*

My computer has a language  
That is foreign to me  
It speaks of RAM and Gigabytes  
And what could ROM be!

I don't understand the Windows  
My computer says are there  
Nor the Gem Clip at the side of my page  
With eyes that blink and stare!

I don't understand the cures  
That maintenance wizards do  
It's called defragmenter, scan disk,  
And virus cleaning too!

Yet, computer and I work hand and eye  
With a mouse to translate  
The tasks that I want it to do  
While it points out my mistakes!

**STOP PRESS! ...Coming soon - chiropody/foot care. Call 01269 826893 to register your interest.**



# PROJECT UPDATES



## Communities Together

Funded by grant money from **Mynydd Y Betws Community Benefit Fund**, this project aims to:

- Bring together members of the community and local organisations to work together on community needs.
- Increase community awareness of local activities & services.
- Improve community participation.
- Put together a youth 'forum' with young people taking a leading role in its developments.

## Community Garden

We are revamping our play area and the areas around the Centre. Fruit trees have been kindly donated and planted by **Groundwork Wales**. We are developing sensory gardens for both the nursery children and community. Different smells, sounds, textures and visual elements will be introduced with the aid of specially selected plants, wind chimes, art, and so on.

In addition we are looking for donations of colourful children's wellies for our "wellie wall" which will be hung outside the nursery and filled with plants. We will also be erecting a seated planter for people from the community to enjoy a cup of tea and a snack out in the sunshine.



## Interior & Exterior Redecoration

Since the **1<sup>st</sup> February** the **Probation Service Trust** have been busy redecorating the interior and exterior of the Centre. It has made such a difference and we are extremely grateful for their help. They have now begun refreshing the nursery area, which they hope to finish within the next few weeks.



## Maerdy Café

We are proud to announce the re-launch of our café.

Offerings include:

- Breakfasts
- Daily specials as well as the usual favourites
- Delicious homemade cakes and treats
- Parties catered for

Snacks, hot and chilled food available

## Maerdy Youth Club

Set up as a part of the **Communities Together Project**, the initial get together was on **Wednesday January 14<sup>th</sup>** and was held in the Canolfan Maerdy café.

The turnout was a real success with 12 youths ranging in ages from 11 to 19 all full of enthusiasm and ideas for the café. We now have 24 members in the club and new members come along each week. 3 people have also become volunteers for the club (one of which is interested in following a career in youth offence work) The food in the café has been going down well, and the club members love the availability of pick & mix sweets. We also have trips planned, film & cooking sessions, a multi use games table, table-top football and a variety of video games.

*Pop along and experience the fun for yourself!*



## Lots of Tots Nursery

The nursery have been busy doing lots of fun things so far this year, enjoying celebrations including St David's Day, Pancake Day, Red Nose Day, Valentines Day and had a very busy Easter Fun Day where families enjoyed a visit from Mr Crumble, an Easter Bonnet Parade, Easter Egg hunt, face painting and lots of stalls and other activities.

Lots of Tots still has a few vacancies for parents looking for quality childcare—please ring **01269 826283** for more details.

**Canolfan Maerdy** is a wonderful, community-run, family resource centre based in Tairgwaith with lots of fun activities going on— there is **something for everyone** and it's **open to all**. We are an **IT Centre of Excellence** and have fantastic, **completely accessible facilities**—eg a **free car park**, a great **5 ★ food hygiene** rated café and a first class, fully registered, **bilingual children's nursery for ages 0-11 years**.

## New for 2015:

### Clubs & Courses



Tai Chi (first session <i>FREE</i> )	Tuesdays	6:30pm - 8:00pm
Youth Café	Wednesdays	6:30pm - 9:00pm
Craft Club	Wednesdays	9:30am - 11:30am
Skills for Employment	Fridays	10.00am - 2:00pm
First Aid (one day)	Thursday, 23rd April	9.30am - 4.30pm
Food Hygiene	Thursday, 7th May	9.00am - 2.00pm

### Events



Summer Fete ( <i>provisional date</i> )	Saturday 11th July	11:00am - 3:00pm
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## Ongoing:

### Clubs & Courses



FIT - Foundation in IT	Mondays	10:00am - 2:00pm
Return to Learn ( <i>FREE</i> )	Tuesdays	9:30am - 12:00pm
FiMM - Foundation in Multi Media	Wednesdays	10:00am - 2:00pm



### For further details

Ring us on: **01269 826893**

Email us at: [admin@canolfanmaerdy.co.uk](mailto:admin@canolfanmaerdy.co.uk)

Or, call in to see us

**Canolfan Maerdy, New Road,  
Tairgwaith, Ammanford, SA18 1UP**

